

I would love for you to talk me through a typical day (in college, in work) and specifically think about where and how you interact with plastics. Do you see much plastics during the day?

Stage	Brief description	Score 1-5 where 1 is not happy, 5 is happy and 3 is neutral.
You wake up in the morning	7.15	4
You wash	Lynx body wash, they recycle in the home	3
You get dressed	Tracksuit	2
Eat your breakfast	Porridge, bagel 2 eggs	4
Journey to UCC	Gets a lift to college with father. Looking at iPhone s on the way. Doesn't really look around	3
Walking/driving on campus	Notices people drinking from cardboard cups and would see them on the ground and pathways	4 for cardboard 2 for seeing them thrown around.
Go to your office/Lecture	elec eng 1, made from plastic	3
Take a coffee/cigarette break	Notices a lot of cigarette butts outside the boole library Brings his own water bottle.	2
Library?	student card is scanned Not allowed to bring normal bottles into library	3 3
Lunch. Where what?	Walks to Tesco in town and notices litter on the ground	2
Deliveries?	At home they get deliveries and most things are still wrapped in plastic. He buys from ASOS a lot and for him price is more important than quality.	2
Another break?		
More lectures		

Meet with friends	Usually go to a bar in town or just sit outside the Student union	5
Go to the gym?	Midleton gym, uses the same water bottle	5
Journey home	Walk home	4
SDG Goals	No knowledge of them.	3
UCC Clothing	Would buy a hoodie. Doesn't bother him they are made from plastic. Does not know or realise the effect of plastics on the marine environment. It would not stop him from using plastics though.	5
Bed	11.00, you tube for an hour and the bed..	5
SDG Goals		